WHAT IS CLAIMED IS:

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- 1. A polarizer formed by dyeing, crosslinking, stretching and drying a hydrophilic polymer film, wherein the polarizer has shrinkage force of at most 4.0 N/cm in an absorption axis direction after being heated at 80°C for 30 minutes.
- 2. The polarizer according to claim 1, wherein the shrinkage force in the absorption axis direction after being heated at 80°C for 30 minutes ranges from 1.0 N/cm to 3.7 N/cm.
- 3. The polarizer according to claim 1, wherein the polarizer thickness is at most 25 μm .
- 4. The polarizer according to claim 3, wherein the polarizer thickness ranges from 10 μm to 18 μm .
- 5. The polarizer according to claim 1, wherein the hydrophilic polymer film is a polyvinyl alcohol-based film.
- 6. The polarizer according to claim 5, wherein the polyvinyl alcoholbased film thickness is at most $60 \mu m$.
- 7. The polarizer according to claim 1, wherein the polyvinyl alcohol has an average polymerization degree ranging from 500 to 10000, and an average saponification degree of at least 75 mol%.
- 8. A polarizing plate comprising:
- a polarizer having a shrinkage force of at most 4.0 N/cm in an absorption axis direction after being heated at 80°C for 30 minutes; and
- a protective film laminated on at least one surface of the polarizer, wherein the polarizing plate satisfies a relationship of $0.01 \le A/B \le 0.16$ where A denotes a thickness of the polarizer and B denotes a thickness of the protective film.
- 9. The polarizing plate according to claim 8, satisfying a relationship of $0.05 \le A/B \le 0.16$ where A denotes a thickness of the polarizer and B denotes

a thickness of the protective film.

- 10. The polarizing plate according to claim 8, wherein thickness of the protective film is at least 80 μ m.
- 11. The polarizing plate according to claim 10, wherein thickness of the protective film ranges from 80 μm to 200 μm .
- 12. The polarizing plate according to claim 10, wherein the protective film is a triacetylcellulose film.
- 13. The polarizing plate according to claim 8, wherein the protective film and the polarizer are attached by an adhesive.
- 14. The polarizing plate according to claim 13, wherein the adhesive is a polyvinyl alcohol-based adhesive.
- 15. The polarizing plate according to claim 13, wherein an additional adhesive layer is formed on at least one surface of the polarizing plate.
- 16. The polarizing plate according to claim 8, wherein the polarizing plate has a dimensional change rate of not more than $\pm 0.7\%$ in a longitudinal direction (MD) after being heated at 70°C for 120 hours.
- 17. The polarizing plate according to claim 8 further comprising, at least one optical layer selected from a reflector, a transreflector, a retardation plate, a λ plate, a viewing angle compensating film, and a brightness-enhanced film.
- 18. The polarizing plate according to claim 17, wherein the polarizing plate and the optical layer are laminated through an adhesive layer.
 - 19. A liquid crystal display comprising:
 - a liquid crystal cell; and
- a polarizing plate disposed on at least one surface of the liquid crystal cell, wherein the polarizing plate comprises:
 - a polarizer having a shrinkage force of at most 4.0 N/cm in an

absorption axis direction after being heated at 80°C for 30 minutes; and a protective film laminated on at least one surface of the polarizer, wherein the polarizing plate satisfies a relationship of $0.01 \le A/B \le 0.16$ where A denotes a thickness of the polarizer and B denotes a thickness of the protective film.

20. The liquid crystal display according to claim 19, wherein the liquid crystal cell comprises at least one substrate selected from a glass substrate and a plastic substrate.